

Átha Caoire Set

This set originates from West Cork and was taught in a workshop conducted by Gerard Butler in 2007. There are no other known published instructions for this dance. First side couple are on the left of first top couple. The set is danced in a lively fashion using the balls of the feet much like the Skibbereen. Music suggestions are in **RED**.

1st Figure (Polka, 112 bars) – The Ring- **CASHEL Fig. 6 120 bars**

All	Circle and advance and retire twice, the second time bringing the lady on the left across in front of the gent into the ladies position (waltz hold).	8 bars
All	Perform the Body (in-2-3, out-2-3 and quarter turn), repeating until the gents return to home	16 bars
All	Repeat the Circle and Body X3 until the gent is dancing with their original partner	72 bars
All	House the set	8 bars

2nd Figure (Slide, 112 bars) – The Slide **BALLYCOMMON Fig.3-112 bars**

All	Slide and house to opposite (8 bars) and slide and house to home (8 bars)	16 bars
Tops	House inside 8 bars	
Tops	Slide and house to opposite (8 bars) and slide and house to home (8 bars)	16 bars
All	Slide and house to opposite (8 bars) and slide and house to home (8 bars)	16 bars
Sides	House inside 8 bars	
Sides	Slide and house to opposite (8 bars) and slide and house to home (8 bars)	16 bars
All	Slide and house to opposite (8 bars) and slide and house to home (8 bars)	16 bars
All	House 8 bars	

3rd Figure (Polka, 232 bars) – The Polka Basket (**Wheelbarrow with no handles, Chain, Xmas**) **SLIABH LUACRA Fig. 5 - 232**

MEALAGH VALLEY JIG SET Fig 6. 264 bars

All	All Body (in-2-3, out-2-3 and quarter turn), repeating until the gents return to home	16 bars
Tops	House inside 8 bars	
Tops	Ladies chain with right hands in the centre while Gents move to Partner's place (2 bars) + Ladies give left hand to opposite Gent and turn under while Gent moves toward the centre slightly + Ladies dance around behind (anticlockwise) while Gent continues to face into set moving back to own position (2 bars) + Ladies dance back giving right hands to their partner turning anti-clockwise into place with both couples finish holding right hand in right	8 bars
Tops	Wheelbarrow (Instructions may not be complete): 1 st Top gent dance the lady across right hand in right (2 bars) and drop hands while the 2 nd Top gent takes the 1 st Top lady's left hand in left and turns them both to his sides with hands on shoulders, and the 1 st Top gent then takes the Ladies inside hands (2 bars). The line advances into the centre (2 bars) and the 1 st gent brings the ladies hands down as he turns them out into a basket (2 bars)	8 bars
Tops	Basket (Ladies hands on shoulders underneath Gents arms)	8 bars
Tops	Ladies chain as before except that lady dances straight back to place	8 bars
Tops	Swing (waltz hold)	8 bars
Sides	Repeat with 1 st Side couple leading – House inside, Ladies chain, Wheelbarrow, Basket, Ladies chain and swing	48 bars
Tops	Repeat with 2 nd Top couple leading – House inside, Ladies chain, Wheelbarrow, Basket, Ladies chain and swing	48 bars
Sides	Repeat with 2 nd Side couple leading – House inside, Ladies chain, Wheelbarrow, Basket, Ladies chain and swing	48 bars
All	Body to finish	16 bars

4th Figure (Slide, 256 bars) – Diamond Slide **CASHEL – Fig 5 – 256 bars**

All	Slide and house to opposite (8 bars) and slide and house to home (8 bars) and House (8 bars)	24 bars
Tops	Diamond Slide Right: Slide to the position on the right (slide-together, 1-2-3) (2 bars), and reverse the slide to the opposite top position (2 bars), then slide on to the next position on the right (2 bars) and reverse the slide to home (2 bars).	8 bars
Tops	House inside	8 bars
Tops	Ladies chain with right hands in the centre while Gents move to Partner's place (2 bars) + Ladies give left hand to opposite Gent and turn under while Gent moves toward the centre slightly + Ladies dance around behind (anticlockwise) while Gent continues to face into set moving back to own position (2 bars) + Ladies dance back to place.	8 bars

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Tops	Swing (waltz hold)	8 bars
All S	Slide and house to opposite (8 bars) and slide and house to home (8 bars) and House (8 bars)	24 bars
Sides	Diamond slide right, House inside, Ladies chain and Swing	32 bars
All	Slide and house to opposite (8 bars) and slide and house to home (8 bars) and House (8 bars)	24 bars
Tops	Diamond slide right, House inside, Ladies chain and Swing	32 bars
All	Slide and house to opposite (8 bars) and slide and house to home (8 bars) and House (8 bars)	24 bars
Sides	Diamond slide right, House inside, Ladies chain and Swing	32 bars
All	Slide and house to opposite (8 bars) and slide and house to home (8 bars) and House (8 bars)	24 bars

5th Figure (Hornpipe, 168 bars) – Hornpipe Diamond

NEWPORT – Fig.2 184 bars

All	Body (in-2-3-stamp, out-2-3, quarter turn) and repeat until home	16 bars
All	Tops Diamond with 7s to the right passing on the outside while Sides diamond with 7s to the left on the inside (2bars) continuing around the set to home. Gents back to back (1 st and 3 rd pass) and then ladies back to back (2 nd and 4 th pass).	8 bars
All	House	8 bars
All	Ladies move on (Gents move in-2-3, out-2-3 while the ladies move on) and continue with the Body with a new partner	16 bars
All	Repeat Diamond	8 bars
All	House	8 bars
All	Repeat Ladies move on and Body, Diamond, and House X3 until all Ladies are back home	96 bars