

THE BALLYCOMMON SET

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First Figure - Link Off (Polkas)		56 bars
1	House around.	8 bars
2	Link off: gents link L elbows with the lady on L, and turn her twice anti-clockwise.	8 bars
3	Swing partners , with waltz hold.	8 bars
4	Link off.	8 bars
5	Swing.	8 bars
6	House around and stamp the last beat of the 8th bar.	8 bars
Second Figure - Swing all Round (Polkas)		88 bars
1	House around.	8 bars
2	Slide in and out: with partners facing each other, R hand in R, all couples slide 2 steps to the centre, 1,2,3 cut and back 2,3 stamp (4 bars). The movement is then repeated.	8 bars
3	Swing corners: couples drop hands and the gents swing the lady on the L across into the gent's place.	8 bars
4	Slide in and out twice, new couples. Swing corners.	16 bars
5	Slide in and out twice, new couples. Swing corners.	16 bars
6	Slide in and out twice. Swing partners.	16 bars
7	House around.	8 bars
Third Figure – Elephants Tail (Slides)		112 bars
1	House around – reverse lady to begin Link left arm with your corner.	16 bars
2	Circle: each gent takes L hand hold with his corner lady and R hand hold on his partner's R shoulder. All face anticlockwise around the set and dance around to place.	8 bars
3	Slide in and out twice.	8 bars
4	Full slide: all couples slide in and out - slide, 2, 3 swing and back, 2, 123 - then house around to the opposite place. They then repeat this movement back home.	16 bars
5	House around- reverse lady to begin Link left arm with your corner. Circle. Slide in and out twice. Full slide.	48 bars

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6	House around.	8 bars
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Fourth Figure - Half Slide (Polkas)		96 bars
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1	House around. Link off. Swing partners.	24 bars
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2	<i>Top couples: slide and change:</i> they slide to the centre and back (4 bars) and house across into the opposite place (4 bars). The whole movement is then repeated back home.	16 bars
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3	House around. Link off. Swing partners.	24 bars
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4	<i>Side couples slide and change.</i>	16 bars
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5	House around.	8 bars
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Fifth Figure - Full Slide (Polkas)		64 bars
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1	House around.	8 bars
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2	Full slide: all four couples slide and change places and repeat back home.	16 bars
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3	House around. Full slide.	24 bars
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4	House around.	8 bars
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SOURCE

Larry Lynch at his workshop at Aras na nGael, London 1992.

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