

**Figure 1: Jigs (72 bars)**

All ADVANCE & RETIRE twice in crossed hand hold

Swing ceili hold.

Top couples, ADVANCE & RETIRE once, then cross on the left to the opposite side, ladies turning clockwise once under both hands.

Repeat going home but ladies turning anticlockwise.

Tops swing at home in ceili hold while sides dance in place

Sides repeat.

All swing to finish.

**Figure 2: Jigs (88 bars)**

All ADVANCE & RETIRE & swing

Top couples ADVANCE & RETIRE.

Top ladies chain link right arm in the centre and dance one full turn round each other, then turn with left hand under the opposite gents left arm as they dance round him into the opposite ladies place. The gent does not turn, ladies right arm in the centre, dance one full turn, then turn clockwise with left hand under own gents left arm, to finish on his left-hand side. (16 bars)

Tops swing starting in partner's position & finishing in their own.

Sides dance in place

Sides repeat.

All swing in place to finish.

**Figure 3: Jigs (120 bars )**

All ADVANCE & RETIRE & swing

Tops ADVANCE & RETIRE x 2

Top ladies chain: link right arm in the centre & dance one full turn round each other, then turn clockwise with left hand under the opposite gents left arm, to finish on his left.

Swing, ladies start in the gents position & finish in ladies.

Tops lead around clockwise in waist hold.

Top ladies repeat chain home & *Tops swing*, start in partners position & finish in own. Sides dance in place

Sides repeat

All swing to finish.

**Figure 4: Jigs (104 bars)**

All ADVANCE & RETIRE & swing

Tops ADVANCE & RETIRE x 2

Arm around ladies waist, 1<sup>st</sup> tops dance in place, 2<sup>nd</sup> lady crosses & gives left hand to 1<sup>st</sup> gent & turns out into shoulder hold (2), 3 (and 2<sup>nd</sup> gent) ADVANCE & RETIRE, 2<sup>nd</sup> gents stands whilst 3 advance to centre. Ladies then dance out to 2<sup>nd</sup> gent who takes both ladies free hands and all retire. All advance to the centre & ladies turn out into basket, ladies on top & Swing 4

Sides repeat

All advance and retire twice & swing to finish

**Figure 5: Polka (88 bars)**

Balance & swing in waltz hold.

Tops balance. Tops pass through, 1<sup>st</sup> tops in centre, to opposite place, turn in to face back into the set. Pass back with opposite couple going through the middle and turn in to face partners.

All swing

Sides repeat. All swing to finish

**Figure 6: Polka (136 bars)**

Circle & swing

Tops balance. Top ladies change places, right to right dancing 2 bars in the centre

Top gents change, left to left

Top ladies change back, top gents change back

All swing

Sides repeat

All swing.

All circle & swing to finish