

The West Cork Plain Set (as per Apples in Winter by Pat Murphy)

This West Cork set was first published by CCE in Cork. It is written here as described by Finbarr O'Donovan. First side couple are left of the first top couple.

FIGURE 1. SWING, CHAIN, SWING (Polkas 56 bars)

1. **TOP COUPLES advance** and retire once with right hands in right (4 bars), then swing in place in waltz hold **8 bars**
2. **TOP LADIES chain**, right hands in the centre, left arm to the gent and then right hands in the centre on the way back to place. **8 bars**
3. **TOP COUPLES swing** in waltz hold. **8 bars**
4. **SIDE COUPLES advance** and retire once with right hands in right (4 bars), then swing in place in waltz hold **8 bars**
5. **SIDE LADIES chain**, right hands in the centre, left arm to the gent and then right hands in the centre on the way back to place. **8 bars**
6. **SIDE COUPLES swing** in waltz hold. **8 bars**

FIGURE 2. SLIDE AND HOUSE (Jigs 56 bars)

1. **ALL COUPLES** in waltz hold slide into the centre and back to place, then house halfway across to opposite positions. **8 bars**
2. **ALL COUPLES** in waltz hold slide into the centre and back, then house back to home positions. **8 bars**
3. **ALL COUPLES** swing in waltz hold. **8 bars**
4. **ALL COUPLES** in waltz hold slide into the centre and back to place, then house across to opposite positions. **8 bars**
5. **ALL COUPLES** in waltz hold slide into the centre and back, then house back to home positions. **8 bars**
6. **ALL COUPLES** swing in waltz hold to finish. **8 bars**

FIGURE 3. OPPOSITES DANCE IN & SWING, LEAD AROUND SLOWLY (Polkas 136 bars)

1. **First TOP gent** and **second TOP lady** advance (2 bars) and swing in the middle (4 bars), both reverse back to their own partner, where gents place right arm over lady's right shoulder, taking right hand in right at the front and left hand in left. **8 bars**
2. **TOP COUPLES** lead slowly across to opposite positions, where they raise their hands and the ladies turn clockwise under the gents' arms into place. **8 bars**
3. **First TOP gent** and **second TOP lady** advance (2 bars) and swing in the middle (4 bars), both reverse back to their own partner, where gents place right arm over lady's right shoulder, taking right hand in right at the front and left hand in left. **8 bars**
4. **TOP COUPLES** lead slowly across to their home positions, where they raise their hands and the ladies turn clockwise under the gents' arms into place. **8 bars**
5. **REPEAT 1-4 FOR TOPS - SECOND TOP GENT LEADING** **16 bars**
6. **REPEAT 1-4 FOR SIDES - FIRST SIDE GENT LEADING** **16 bars**
7. **REPEAT 1-4 FOR SIDES - SECOND SIDE GENT LEADING.** **16 bars**

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FIGURE 4. CHAIN, SWING, ADVANCE TO CHRISTMAS, CHAIN, SWING (POLKAS 200 bars)

1. **TOP LADIES chain** – right hands in the centre, left arm to the opposite gent, right hand to the lady on return and dance back to place. **8 bars**
2. **TOP COUPLES swing** in waltz hold. **8 bars**
3. **TOP COUPLES advance and retire** (gent's right arm around the lady's waist) 4 bars; advance again and form into a little Christmas **8 bars**
4. **TOP COUPLES christmas** 6 bars; break off and back to place 2 bars; **8 bars**
5. **TOP LADIES chain** right hands in the centre, left arm to the opposite gent, right hand to the lady on return and dance back to place. **8 bars**
6. **TOP COUPLES swing** in waltz hold. **8 bars**
7. **SIDE COUPLES do 1-6** **48 bars**
8. **TOP COUPLES repeat 1-6** **48 bars**
9. **SIDE COUPLES repeat 1-6.** **48 bars**

FIGURE 5. SLIDE, HOUSE AND CENTRE CHAIN (SLIDES 96 bars)

1. **ALL COUPLES lead around** the set, lady's arm on the gent's shoulder gent's arm around the lady's waist. **8 bars**
2. **ALL COUPLES slide** into the centre and out of the set in waltz hold, then house halfway to opposite positions; **8 bars**
3. **ALL COUPLES slide** into the centre and out of the set in waltz hold, then house halfway to their own positions; **8 bars**
4. **ALL LADIES join right hands** in the centre and dance across to the opposite gent, link left arms with that gent and dance around, right hands again in the centre and dance to home. **8 bars**
5. **ALL COUPLES swing in** waltz hold. **8 bars**
6. **ALL COUPLES repeat 1-5.** **40 bars**
7. **ALL COUPLES lead** around the set to finish. **8 bars**

FIGURE 6. SOCIAL FIGURE – 2 STAR (POLKAS 232 bars)

1. **ALL COUPLES lead around** the set, lady's arm on the gent's shoulder gent's arm around the lady's waist. **8 bars**
2. **ALL COUPLES dance the body** in waltz hold – one step into the centre, one step out and move on to the next position and repeat until home. (Alternative to this is to dance the Borlin "jump,kick" step). **16 bars**
3. **ALL COUPLES house** **8 bars**
4. **ALL LADIES** join right hands in the centre and star halfway around the set, then turn and join left hands in the centre, dance past your own partner and dance clockwise in behind the next gent on the right. **8 bars**
5. **ALL GENTS** join right hands in the centre and star halfway around the set, then turn and join left hands in the centre, dance back to place to a new lady. **8 bars**
6. **ALL COUPLES swing** in waltz hold **8 bars**
7. **ALL repeat 2-6 until home with their original partners.** **144 bars**
8. **ALL COUPLES dance the body** in waltz hold. **8 bars**
9. **ALL COUPLES house** to finish. **8 bars**